

BARBARIAN NUTRITION'S

# WARRIOR WHEY

is a pure blend of Microfiltrated Whey Protein Concentrate and Isolate which gives you the ultimate in muscle recovery and repair. Now with added Aminogen® to ensure optimal anabolism is reached, WARRIOR WHEY will help you sculpt the physique of a Barbarian King.

SUGGESTED USE



2 Rounded Scoops



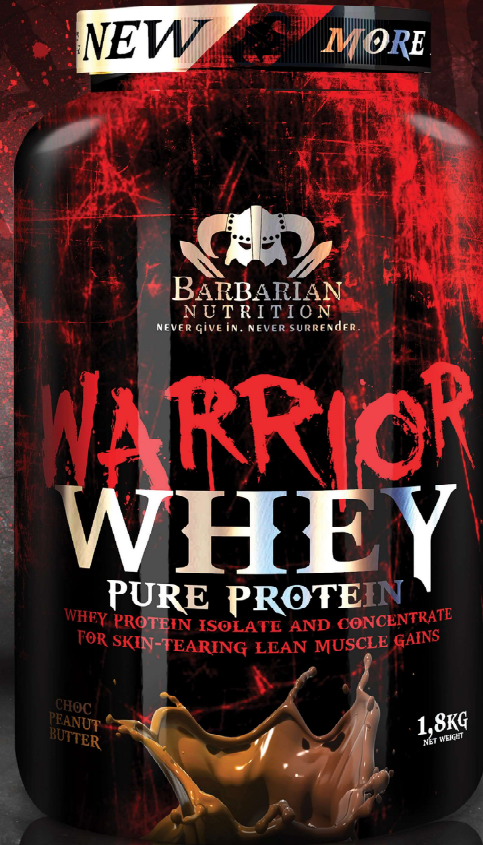
200ml Water  
OR Milk



After your  
Workout

**Ingredients:** Microfiltrated Whey Protein Concentrate, Whey Protein Isolate, Inulin, Flavouring, Lecithin, Non-Nutritive Sweeteners (Sucralose & Acesulfame K), and Aminogen®.

**Allergen Information:** Contains no common allergens, but is produced in a facility that processes Whey, Casein and Egg.



## Typical Nutritional Information

Serving Size: 2 Rounded Scoops (32 g)  
Servings Per Container: 56

	Per 32g Serving	Per 100g	DV%*
Energy	507 kJ	1 585 kJ	†
Protein	24 g	72 g	42%
Carbohydrates	2.4 g	7.5 g	†
of which Sugar	0.8 g	2.5 g	†
Total Fat	1.9 g	5.9 g	†
of which Saturated Fat	0.5 g	1.6 g	†
Total Sodium	68 mg	213 mg	†
Total Fibre#	950 mg	2 967 mg	†

### Amino Acid Profile

Alanine	1 033 mg	3 228 mg	†
Arginine	679 mg	2 122 mg	†
Aspartic Acid	2 478 mg	7 744 mg	†
Cysteine	502 mg	1 569 mg	†
Glutamic Acid	3 924 mg	12 263 mg	†
Glycine	413 mg	1 291 mg	†
Histidine	472 mg	1 475 mg	†
Lysine***	2 213 mg	6 916 mg	†
Methionine ***	472 mg	1 475 mg	†
Phenylalanine ***	767 mg	2 397 mg	†
Proline	1 947 mg	6 084 mg	†
Serine	1 357 mg	4 241 mg	†
Threonine ***	1 328 mg	4 150 mg	†
Tryptophan***	384 mg	1 200 mg	†
Tyrosine	679 mg	2 122 mg	†
<b>BCAAs (Naturally Occuring)</b>	<b>5 250 mg</b>	<b>16 406 mg</b>	<b>†</b>

\*\*\*Essential Amino Acids \*Percent Daily Values are based on a 2 000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. † - %DV Not Established. #Dietary fibre obtained using AOAC 985.29

**Disclaimer:** Warning: Seek advice from a health care professional before use if you have any pre-existing medical condition. Do not use if you are pregnant or nursing, or if you are being treated for heart disease or high blood pressure. Should not be used in conjunction with any prescription medication, including MAO inhibitors, stimulants or anti-depressants. Discontinue use and consult your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN.

Available Flavours:

VANILLA  
CREAM

CHOC PEANUT  
BUTTER

