



# CRAMP CONTROL

PERFORMANCE & CRAMP SUPPORT

SSA Cramp Control is a cramp relief formula which has been shown to alleviate cramps by improving the blood flow in the body and particularly in areas that are experiencing trauma. It also improves overall fluid circulation in the body, thereby making sure that the entire body receives adequate relief in areas where fluid retention is likely to occur.

Extra benefits include:

- Stimulation to the immune system.
- Prevention of infections.
- Powerful antioxidant effects.

SSA Cramp Control is an extremely useful tool for athletes who suffer from the inhibiting effects of cramping and fluid retention, and indeed for those who suffer from night cramps and old age-related cramping.



## Active Ingredient Content

Serving Size: 1 Capsule  
Servings Per Container: 60

	Per 1 Capsule Serving	NRV
Pine Bark Ext 4:1	700 mg	†

NRV - Nutrient Reference Values for individuals older than 4 years.  
† - NRV not established

**Ingredients:** Pine Bark Extract.

**Other Ingredients:** Capsule Shell [Gelatin, Purified Water, Colourant (E171, E133, E124)], Piroxil (Silicon Dioxide).

**Allergen Information:** Contains no common allergens, but is produced in a facility that processes Whey, Casein and Egg.

WELLNESS  
SERIES



**Disclaimer:** Seek advice from a health care professional before use if you have any pre-existing medical condition. Do not use if you are pregnant or nursing, or if you are being treated for heart disease or high blood pressure. Should not be used in conjunction with any prescription medication, including MAO inhibitors, stimulants or anti-depressants. Discontinue use and consult your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN.

AVAILABLE SIZES:  
**60 Capsules**

AVAILABLE FLAVOURS:  
Not Applicable