



VO2 MAX BOOST

OPTIMAL AEROBIC THRESHOLD

VO2 Max Boost affords its user a serious advantage in Oxygen Utilization with all its ingredients working in synergy.

The key ingredients are Beta-Alanine and Rhodiola Rosea. The product has an array of benefits which extend to:

- A drastic decrease in fatigue.
- A massive rise in aerobic endurance abilities.
- A large extension in the perceived rate of exhaustion.
- A boost in brain function and neural function.
- A boost in anaerobic performance as well.
- An increase in energy output during exercise.



Active Ingredient Content

Serving Size: 4 Capsules
Servings Per Container: 30

	Per 4 Capsule Serving	NRV
Beta Alanine	1 200 mg	†
Rhodiola Rosea Root Ext (3% Rosavins, 1% Salidroside)	400 mg	†
Potassium (as Dipotassium Phosphate)	225 mg	7%
Siberian Ginseng	200 mg	†
Sodium (as Disodium Phosphate)	200 mg	7%
Calcium Pyruvate	200 mg	†
D-Ribose	200 mg	†
Magnesium (as Magnesium Oxide)	100 mg	25%
Alpha Lipoic Acid	80 mg	†
Black Pepper Ext 4:1	10 mg	†

NRV - Nutrient Reference Values for individuals older than 4 years.

† - NRV not established

Ingredients: Beta Alanine, Rhodiola Rosea Root Extract, Dipotassium Phosphate, Siberian Ginseng, Disodium Phosphate, Calcium Pyruvate, D-Ribose, Magnesium Oxide, Alpha Lipoic Acid, Black Pepper Extract.

Other Ingredients: Capsule Shell [Gelatin, Purified Water, (Colourant: E171, E172, E162, E133), Purosil (Silicon Dioxide)].

Allergen Information: Contains no common allergens, but is produced in a facility that processes Whey, Casein and Egg.

ENERGY
SERIES



Disclaimer: Seek advice from a health care professional before use if you have any pre-existing medical condition. Do not use if you are pregnant or nursing, or if you are being treated for heart disease or high blood pressure. Should not be used in conjunction with any prescription medication, including MAO inhibitors, stimulants or anti-depressants. Discontinue use and consult your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN.

AVAILABLE SIZES:
120 Capsules

AVAILABLE FLAVOURS:
Not Applicable