

ENDURO-X ENERGY

ENERGY, RECOVERY, ENDURANCE & CRAMP SUPPORT FORMULA

Enduro-X has been formulated to ensure that endurance athletes have a sustainable source of energy as well as minerals and vitamins that ensure the body works at optimal levels during these long and extended bouts of physical activity.

Additionally, Enduro-X has been infused with endurance-boosting ingredients such as Beta-Alanine, Taurine, a top notch electrolyte profile, as well as a healthy dose of BCAAs and multivitamin blend to guarantee that you have all minerals and vitamins needed for you to have sustainable and long-lasting reserves of energy for extended periods of time.







Folic Acid

Ingredients: Multi-Stage Carbohydrate Release Blend (Maltodextrin, Dextrose, Waxy Maize, Fructose), Endurance Matrix (Beta Alanine, Taurine, L-Glutamine, Glycine), BCAA and EAA Recover Blend (L-Leucine, L-Isoleucine, L-Valine, L-Lysine, L-Methionine, L-Phenylalanine, L-Histidine, L-Threonine), Electrolyte and Cramp Blocker Complex (Pine Bark 4:1, Di-Potassium Phosphate, Di-Sodium Phosphate, Magnesium Oxide), Multivitamin Blend, Acids, Anti-Caking Agent, Flavouring, Non-Nutritive Sweeteners (Sucralose & ACESULFAME K), Colourant (E104, E133).

Allergen Information: Contains no common allergens, but is produced in a facility that processes Whey, Casein and Egg.

Active Ingredient Content			
Serving Size: 1 Rounded Scoop (30 g)			
Servings Per Container: 25			
	Per 100 g	Per 30 g Serving	%NRV*
Energy	952 kJ	285 kJ	†
Protein	0 g	0 g	
Glycaemic Carbohydrates	57 g	17 g	†
of Which Total Sugar	9,5 g	2,9 g	t t
Total Fat	0 g	0 g	†
of Which Saturated Fat	0 g	0 g	†
Dietary Fibre#	0 g	0 g	† † † †
Sodium	653 mg	196 mg	
Multi-Stage Carbohydrate Release Blend		22 250 mg	T t
Dextrose, Maltodextrin, Waxy Maize, Fructose			
Endurance Matrix		3 900 mg	Ť
Beta Alanine, Taurine, L-Gutamine, Glycine			
BCAA & EAA Recovery Blend		1 000 mg	Ť
L-Leucine, L-Isoleucine, L-Valine, L-Lysine, L-Methionir	ıe, L-Phenylalanin	e, L-Histidine, L-Thr	eonine
Electrolyte & Cramp Blocker Complex			2001
Elemental Magnesium (as Magnesium Oxide)		90 mg	23%
Di-Potassium Phosphate		220 mg	6%
Di-Sodium Phosphate		180 mg	8%
Pine Bark Ext 4:1 Multivitamin Blend		250 mg	<u>t</u>
Vitamin A		3 330 I U	100%
Vitamin C		3 330 IU 60 mg	100%
Vitamin D3		200 IU	100%
Vitamin E		200 IU 14.9 IU	100%
Vitamin B1 (Thiamine)		1.4 mg	100%
Vitamin B2 (Riboflavin)		1,4 mg	100%
Vitamin B6 (Pyrodoxine)		2 mg	100%
Vitamin B12		1 mcg	100%
Nicotinamide		18 mg	100%
Pantothenic Acid		6 mg	100%
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NRV Per Serving - Nutrient Reference Values for individuals older than 4 years. † - NRV not established. #Dietary fibre obtained using AOAC 985.29



Disclaimer: Seek advice from a health care professional before use if you have any pre-existing medical condition. Do not use if you are pregnant or nursing, or if you are being treated for heart disease or high blood pressure. Should not be used in conjunction with any prescription medication, including MAO inhibitors, stimulants or anti-depressants. Discontinue use and consult your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN.

AVAILABLE SIZES: **750**g

200 mcg

AVAILABLE FLAVOURS:

Tropical Punch

Citrus Bomb

Zesty Lemonade