



# SLOW RELEASE PROTEIN

CASEIN BASED PROTEIN COMPLEX FOR SUSTAINED RELEASE

SSA Slow-Release Protein works by releasing amino acids more slowly than whey, and so people adding it to their stack often take it before bed in order to help them with their recovery, and to reduce muscle breakdown while they sleep.

SSA Slow-Release Protein has been infused with GABA, an amino acid that is well renowned for greatly assisting in the quality of sleep and for natural production growth hormone in the body which will prevent muscle breakdown and assist with the production of new muscle.



## Active Ingredient Content

Serving Size: 2 Rounded Scoops (34 g)  
Servings Per Container: 22

	Per 34 g Serving	Per 100 g Serving	%NRV*
Energy	457 kJ	1 428 kJ	†
Protein	21 g	67 g	38%
Glycaemic Carbohydrates	4 g	11 g	†
of Which Total Sugar	1,6 g	5,2 g	†
Total Fat	1 g	3,3 g	†
of Which Saturated Fat	0,5 g	1,6 g	†
Dietary Fibre#	0,9 g	2,8 g	†
Sodium	134 mg	419 mg	†
<b>GH Releasing Potentiator</b>			
Gamma-Aminobutyric Acid (GABA)	1 500 mg	4 688 mg	†

\*NRV Per Serving - Nutrient Reference Values for individuals older than 4 years.  
† - NRV not established. #Dietary fibre obtained using AOAC 985.29

**Ingredients:** Time Released Protein Blend (Micellar Casein, Whey Protein Concentrate, Egg Albumin, Milk Protein), Cocoa Powder, Inulin, Gamma-Aminobutyric Acid (GABA), Flavouring, Lecithin, Non-Nutritive Sweeteners (Sucralose & Acesulfame K), Digestive Enzyme Blend.

**Allergen Information:** Contains: Cow's Milk. This product is produced in a facility that processes Eggs, Dairy and Soy.

ELITE SERIES



**Disclaimer:** Seek advice from a health care professional before use if you have any pre-existing medical condition. Do not use if you are pregnant or nursing, or if you are being treated for heart disease or high blood pressure. Should not be used in conjunction with any prescription medication, including MAO inhibitors, stimulants or anti-depressants. Discontinue use and consult your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN.

AVAILABLE SIZES:  
**750g**

AVAILABLE FLAVOURS:  
**Chocolate Mousse** **Vanilla Cream**