



# GANIC-F PUMP

MASS GAINING & MUSCLE PUMP SUPPORT

Ganic-F has been one of the flagship products for SSA for years. Its outstanding benefits when it comes to training and performance have been noticed by users since its initial release and we've done everything now to even improve its formulation. You can expect:

- Extreme levels of strength.
- Seemingly boundless amounts of energy as you train.
- Insane muscle swelling pumps.
- Increased levels of GH spiking.
- Extreme mental focus.



**Ingredients:** Strength and Endurance Complex (Beta Alanine, Creatine Monohydrate, Taurine), Muscle Pump and Volumization Matrix (GlycerSize™, Silicon Dioxide, Betaine Anhydrous, L-Citrulline, Glycine, Di-Potassium Phosphate, Di-Sodium Phosphate), Multi-Stage Carbohydrate Blend (Waxy Maize, Dextrose, Maltodextrin), Flavouring, Anti-Caking Agent, Non-Nutritive Sweeteners (Sucralose & Acesulfame K), Caffeine Anhydrous, Niacin, Colourant (E122).

**Other Ingredients:** Flavour, Sucralose & Acesulfame K, Colourant, Silicon Dioxide.

**Allergen Information:** Contains no common allergens, but is produced in a facility that processes Whey, Casein and Egg.

**Disclaimer:** Seek advice from a health care professional before use if you have any pre-existing medical condition. Do not use if you are pregnant or nursing, or if you are being treated for heart disease or high blood pressure. Should not be used in conjunction with any prescription medication, including MAO inhibitors, stimulants or anti-depressants. Discontinue use and consult your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN. CONTAINS CAFFEINE.

## Active Ingredient Content

Serving Size: 1 Rounded Scoop (15 g)  
Servings Per Container: 40

	Per 15 g Serving	Per 100 g Serving	%NRV*
Energy	29 kJ	190 kJ	†
Protein	0 g	0 g	†
Glycaemic Carbohydrates	3 g	11 g	†
of Which Total Sugar	0,8 g	5 g	†
Total Fat	0 g	0 g	†
of Which Saturated Fat	0 g	0 g	†
Dietary Fibre#	0 g	0 g	†
Sodium	43 mg	287 mg	†
<b>Strength &amp; Endurance Complex</b>			
Beta Alanine	2 200 mg		†
Creatine Monohydrate	3 000 mg		†
Taurine	500 mg		†
<b>Muscle PUMP and Volumization Matrix</b>			
GlycerSize™ (65% Glycerol Powder)	1 500 mg		†
Betaine Anhydrous	500 mg		†
L-Citrulline	1 000 mg		†
Glycine	500 mg		†
Di-Potassium Phosphate	100 mg		3%
Di-Sodium Phosphate	80 mg		3%
<b>Multi-Stage Carbohydrate Blend</b>	<b>3 200 mg</b>	<b>21 333 mg</b>	†
Waxy Maize, Dextrose, Maltodextrin			
Caffeine Anhydrous	300 mg		†
Niacin (as Nicotinic Acid)	50 mg		250%

\*NRV Per Serving - Nutrient Reference Values for individuals older than 4 years. † - NRV not established.  
#Dietary fibre obtained using AOAC 985.29

CORE SERIES



AVAILABLE SIZES:  
**300g, 600g**

AVAILABLE FLAVOURS:

Crimson Currant

Insane Cherry Bomb