



GABA

LEAN MUSCLE, RECOVERY & SLEEP SUPPORT

GABA is a naturally occurring amino acid that works as a neurotransmitter in your brain. GABA is considered an inhibitory neurotransmitter because it blocks specific brain signals and, as a result, decreases activity in your nervous system.

Benefits include:

- Improved muscle recovery during sleep.
- Drastic drops in overall stress and cortisol levels.
- Muscle gain due to the simultaneous effects of GH spiking and cortisol dropping.

If you have trouble getting decent sleep and relaxing, as well as wanting improvements in muscular development and recovery, GABA will be most beneficial.



Active Ingredient Content

Serving Size: 1 Level Scoop (3g)
Servings Per Container: 50

	Per 3g Serving	NRV
Gamma-Aminobutyric Acid (GABA)	3 000 mg	†

NRV - Nutrient Reference Values for individuals older than 4 years.
† - NRV not established

Ingredients: Gamma-Aminobutyric Acid.

Allergen Information: Contains no common allergens, but is produced in a facility that processes Whey, Casein and Egg.

CORE SERIES



Disclaimer: Seek advice from a health care professional before use if you have any pre-existing medical condition. Do not use if you are pregnant or nursing, or if you are being treated for heart disease or high blood pressure. Should not be used in conjunction with any prescription medication, including MAO inhibitors, stimulants or anti-depressants. Discontinue use and consult your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN.

AVAILABLE SIZES:
100g, 300g, 500g

AVAILABLE FLAVOURS:
Unflavoured